



# Ms. Grandma Reads

## Plastic Egg Play-Based Learning Activities

Hello my precious friends,

Welcome to playful learning with Ms. Grandma Reads! This guide is filled with simple, joyful activities using plastic eggs to help build character, social-emotional learning (SEL) skills, and early academic foundations — all connected to the lessons inside Alphabet Town: the abc's of raising successful kids.

Remember, the greatest lessons are tucked inside everyday moments of connection, creativity, and laughter.

### RIB-Egg Dancing

**Age Group:** Toddlers, Twos, Three-, and Four-Year Olds

**Materials:**

- Various Colors, Patterns, and Sizes of Plastic Eggs
- Strips of Ribbon and/or Material
- Clear Tape and/or Glue

**Instructions:**

- Cut thin ribbon strips to tuck into plastic eggs.
- Lay three ribbons across the wide part of an open egg.
- Close the egg, securing ribbons inside.
- Use glue/tape to secure if needed.
- Let the glue dry.
- Place RIB-Eggs in a colorful basket.
- Let your child choose an egg for each hand.
- Dance to a favorite song, moving the RIB-Eggs through the air.
- Change the music's rhythm and move together.

**Ms. Grandma Reads' TIP:** Rhythm is a pre-reading skill and critical for future learning experiences. It is always the right time to dance, laugh, and love.



## Clatter-Crunch Eggs

**Age Group:** Toddlers, Twos, Three-, and Four-Year Olds

**Materials:**

- Plastic Eggs
- Crunchy Cereal, Goldfish Crackers, or Other Crunchy Snacks

**Instructions:**

- Set out bowls of crunchy snacks.
- Open plastic eggs and let children fill them halfway.
- Close and tape the eggs.
- Shake to music and play together.
- Open and enjoy a crunchy picnic!



**Ms. Grandma Reads' TIP:** Engaging all five senses helps open the brain to learning.

## Egg Color Match

**Age Group:** Toddlers, Twos, Three-, and Four-Year Olds

**Materials:**

- Plastic Eggs in Various Colors
- Permanent Markers or Paint
- Empty Egg Cartons

**Instructions:**

- Color the bottoms of the egg carton cups.
- Place colored eggs in a basket.
- Match eggs to the colored spots.
- Cheer when your child completes the carton.
- Count the eggs as you put them away.



**Ms. Grandma Reads' TIP:** Repetition helps young brains solidify learning through play.



## Moon Sand and Eggs

**Age Group:** Three- and Four-Year Olds

**Materials:**

- Plastic Eggs
- Moon Sand
- Small Scoops or Spoons
- Cookie Sheets
- Small Spatulas

**Instructions:**

- Fill plastic eggs with Moon Sand.
- Press firmly.
- Tap the egg onto a cookie sheet.
- Use a spatula to scoop molded sand back into the tub.



**Ms. Grandma Reads' TIP:** Molding and scooping helps build fine motor skills and early math thinking.

**Recipe:**

- Moon Sand Recipe
- 8 cups flour
- 1 cup baby oil
- Mix well until soft and moldable.



## Name Eggs

**Age Group:** Preschool

**Materials:**

- Plastic Eggs
- Printed Name Slips
- Writing Pad or Whiteboard



### Instructions:

- Place printed names inside eggs.
- Add fun stickers to extra eggs.
- Hide eggs around the room.
- When the music starts, hunt for eggs.
- When the music stops, gather and open eggs.
- Guess whose name is inside.
- Write and celebrate each name found.



**Ms. Grandma Reads' TIP:** The more often a child sees their name in print, the faster they recognize and value it.

## Picking the Pattern Egg

**Age Group:** Preschool

### Materials:

- Plastic Eggs
- Sentence Strips
- Colored Rice

### Instructions:

- Fill a bin with colored rice and eggs.
- Fill eggs with rice and close tightly.
- Use sentence strips to model color patterns.
- Have children match egg colors to the patterns.



**Ms. Grandma Reads' TIP:** Patterns help children predict and understand order in their world.

### Recipe:

- Colored Rice Recipe:
- 2 cups white rice
- 1 teaspoon vinegar
- Food coloring
- Mix in zip-top bag, shake well, and dry.



## Alphabet Town Character Eggs

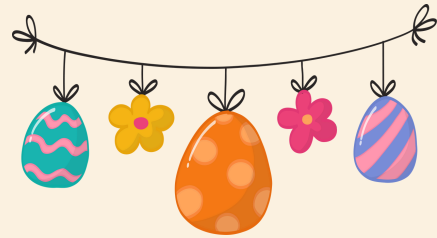
**Age Group:** Preschool

**Materials:**

- Plastic Eggs
- Slips of Paper with Character Prompts

**Instructions:**

- Write simple ABT-inspired prompts (e.g., 'Show kindness to a friend today').
- Place one prompt into each egg.
- Hide the eggs around the room.
- Children find an egg and complete the character challenge.
- Celebrate each completed challenge.



**Ms. Grandma Reads' TIP** When children practice kindness, resilience, and curiosity, they live out the values of Alphabet Town.

## Word Family Egg Sort

**Age Group:** Kindergarten to 2nd Grade

**Materials:**

- Plastic Eggs
- Permanent Marker
- Paper for Recording Words

**Instructions:**

- Write beginning sounds on one egg half and word families (-at, -ig, etc.) on the other.
- Twist the eggs to create words.
- Record real words on a sheet of paper.
- Challenge: Find as many real words as you can!

**Ms. Grandma Reads' TIP:** Recognizing word families builds reading fluency through playful discovery.



## SEL Mystery Eggs

**Age Group:** Kindergarten to 2nd Grade

**Materials:**

- Plastic Eggs
- Small Slips of Paper

**Instructions:**

- Write SEL questions (e.g., 'What makes you feel brave?').
- Place one question into each egg.
- Hide the eggs.
- When found, children answer the question aloud.
- Option: Write their own new question to hide next.

**Ms. Grandma Reads' TIP:** Building emotional vocabulary helps children name and manage their feelings with confidence.



**Parents** — the best lessons aren't tucked inside a plastic egg. They're hidden in the small, beautiful moments you create every day.

When you dance with a ribbon egg, when you hear a giggle after a crunchy snack, or when you sit side-by-side matching colors—that's where the true magic of learning happens.

**Alphabet Town:** the abc's of raising successful kids reminds us: success isn't measured by how quickly our children grow, but by how deeply they learn to care, to wonder, and to try again.

**So keep dancing. Keep laughing.**

And most of all—keep planting seeds of character, one beautiful moment at a time.

**Parents** — I see you raising those kids so wonderfully. I'm proud of you.

– Ms. Grandma Reads

